

Performance Center (downtown YMCA)-Pool

421 SW VanBuren (785) 354-8591

POOL OPENS AT 5:00am (mon-fri)										pool opens 6:00am (sat)			
Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
Morning	TSA 5a-7a	One Lane Open Lap Swim	TSA 5a-7a	One Lane Open Lap Swim	TSA 5a-7a	One Lane Open Lap Swim	TSA 5a-7a	One Lane Open Lap Swim	TSA 5a-7a	One Lane Open Lap Swim	open swim 6:00a-1:45p		
	Open Swim 7a-3p		Open Swim 7a-10:30a		Open Swim 7a-3p		Open Swim 7a-10:30a		Open Swim 7a-3p				
			3 lanes open for lap swim	AquaFIT			3 lanes open for lap swim	AquaFIT					
				10:30a-11:15a				10:30a-11:15a					
		Open Swim 11:15a-3:00p				Open Swim 11:15a-3:00p							
Afternoon	Seaman Swim Team 3:00p-5:00p	One Lane Open Lap Swim	Seaman Swim Team 3:00p-5:00p	One Lane Open Lap Swim	Seaman Swim Team 3:00p-5:00p	One Lane Open Lap Swim	Seaman Swim Team 3:00p-5:00p	One Lane Open Lap Swim	Seaman Swim Team 3:00p-5:00p	One Lane Open Lap Swim	pool closes 1:45pm (sat)		
	TSA 5p-7:30p	One Lane Open Lap Swim	TSA 5p-7:30p	One Lane Open Lap Swim	TSA 5p-7:30p	One Lane Open Lap Swim	TSA 5p-7:30p	One Lane Open Lap Swim	TSA 5p-7:30p	One Lane Open Lap Swim			
Evening	POOL CLOSSES AT 7:45pm (mon-fri)										Group Exercise Schedules are online at www.greatlifetopeka.com/-fitness-classes		

last update 6/1/21

Group Exercise classes open to Fitness Plus, Lifestyle and Play Everything Members

\$5 & \$10 Fitness Only memberships DO NOT include Group Exercise Classes

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