

Performance Center (downtown YMCA)-Pool

421 SW VanBuren (785) 354-8591

POOL OPENS AT 5:00am (mon-fri)						pool opens 6:00am (sat)	
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning		Open Swim 5:00a-3:30p	Open Swim 5:00a-10:30a	Open Swim 5:00a-3:30p	Open Swim 5:00a-10:30a	Open Swim 5:00a-3:30p	open swim 6:00a-1:45p
			3 lanes open for lap swim		AquaFIT 10:30a-11:15a Marc		
Afternoon			Open Swim 11:15a-3:30p		Open Swim 11:15a-3:30p		pool closes 1:45pm (sat)
		Seaman High School Swim Team 3:30p-5:30p	Seaman High School Swim Team 3:30p-5:30p	Seaman High School Swim Team 3:30p-5:30p	Seaman High School Swim Team 3:30p-5:30p	Seaman High School Swim Team 3:30p-5:30p	
Evening		Open Swim One lane open for lap swimming 3:30p-7:45p	Open Swim One lane open for lap swimming 3:30p-7:45p	Open Swim One lane open for lap swimming 3:30p-7:45p	Open Swim One lane open for lap swimming 3:30p-7:45p	Open Swim One lane open for lap swimming 3:30p-7:45p	Group Exercise Schedules are online at greatlifetopeka.com/fitness
		TSA 5:30p-7:45p	TSA 5:30p-7:45p	TSA 5:30p-7:45p	TSA 5:30p-7:45p	TSA 5:30p-7:45p	
POOL CLOSSES AT 7:45pm (mon-fri)							

Pool and group Exercise classes open to Fitness Plus and Play Everything Members

\$8.99 Fitness Only memberships DO NOT include Group Exercise Classes or pool use

