

GreatLIFE Western Hills

8533 SW 21st Street (785) 478-4000

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning						
	Yoga 9:00a-10:00a Aerobics Studio (Madison)		Yoga 9:00a-10:00a Aerobics Studio (Madison)		Yoga 9:00a-10:00a Aerobics Studio (Madison)	
		Tai Chi 9:30a-10:15a Aerobics Studio (Deb)		Tai Chi 9:30a-10:15a Aerobics Studio Deb		
Evening					Group Exercise Schedules are online at greatlifetopeka.com/fitness	
					Aerobics Studio - upper level North side	
					SPIN Studio - lower level - East side	
					Boxing Arena- lower level - SE corner	

Group Exercise classes open to Fitness Plus and Play Everything Members

\$8.99 Fitness Only memberships DO NOT include Group Exercise Classes

